

The 100-Mile Diet: A Year Of Local Eating By Alisa Smith;J.B. Mackinnon

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Something about it.

Not one thing.

We never had credit cards because well, he wasn't the best at keeping his credit clear enough for credit cards.

Aubrey posing outside the room of terror.

on: March 6, 2016 In: Uncategorized 2 Comments Yesterday, Saturday, March 5th was such a

The view from atop the citadel.

And if I thought about myself even for a moment I was selfish, self centered, and horrible.

Well except the dog, who was left at home for six hours with the cats.

You're at the edge of the world with nothing around you but salt water and dense forest.

You get to make shit up.

The 100- mile diet by alisa smith and j. b.

The 100-Mile Diet: A Year of Local Eating they made a pact to eat only foods sourced within a 100-mile radius of their home for one year. Alisa Smith is a

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Plenty: eating locally on the 100- mile diet:

In Plenty, authors Alisa Smith and J.B. MacKinnon tell their story of living for a year eating only foods produced within 100 miles of their home in Vancouver.

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The 100-Mile Diet A Year of Local Eating by Alisa Smith; J.B. Mackinnon ISBN: 9780679314820 / 0679314822 Hardcover; Mississauga, On, Canada: Random House Canada

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J.b. mackinnon

J.B. MacKinnon Independent journalist and author whose works include The 100-Mile Diet, a bestseller that helped catalyze the local foods movement. home; Books;

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Alisa smith and j. b. mackinnon | georgia

When Alisa Smith and J.B. MacKinnon set their mugs down columns and now in The 100-Mile Diet: A Year of Local Eating a 100-Mile Diet bike trip

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Oct 16, 2012 Alisa Smith captured the imagination of consumers with the publication of The 100-Mile Diet: A Year of Local Eating, co-authored with J.B. MacKinnon. The

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The book The 100 Mile Diet: A Year of Local Eating WHAT IS The 100 Mile Diet? Bibliography Alisa Smith the 100 mile diet was created to inspire eating local,

Interview: the 100- mile diet - canadian living

Get to know Alisa Smith and J. B. MacKinnon, authors of The 100-Mile Diet. mile diet? Alisa Smith: It's a local eating eating the focus of your lives for a year?

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Alisa Smith and J. B. MacKinnon's idea of Random House published the hardcover version on 12 March 2007 in Canada as The 100 Mile Diet: A Year of Local Eating and

Plenty: a year of eating locally - powell's books

Plenty by Alisa Smith and J. B. MacKinnon : The 100-Mile Diet: A Year of Local Eating tells the full story, from the insights to the kitchen disasters,

Plenty (the 100- mile diet) by alisa smith, j. b.

Canada as 100 Mile Diet: A Year of Local Eating, recipes by Alisa Smith, J.B. Mackinnon. Home; About; Cookbooks; Archives; Favorite Cookbooks; Contact; Plenty

The 100- mile diet: a year of local eating book |

The 100-Mile Diet: A Year of Local Eating by Mr. J B MacKinnon, Alisa Smith starting at \$0.99. The 100-Mile Diet: A Year of Local Eating has 1 available editions to

Living on the 100- mile diet | the tyee

Living on the 100-Mile Diet. Eating a truly local diet for a year poses some tricky questions. First in a series. By Alisa Smith and J.B. MacKinnon, 28 Jun 2005

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The 100-Mile Diet: A Year of Local Eating, which is the best-selling 2007 book written by Vancouver Authors Alisa Smith and J. B. MacKinnon. Locally-sourced Food.

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The 100-Mile Diet: A Year of Local Eating tells the full story, Alisa Smith and J.B. MacKinnon turned to the land around them. They caught a trout,

Alisa smith and j. b. mackinnon | we:vancouver

Alisa Smith and James MacKinnon decided to restrict their diet to include only foods grown within 100 miles of 100-Mile Diet: A Year of Local Eating,

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The 100- mile diet : a year of local eating (book,

ISBN: 0679314822 : 9780679314820: OCLC Number: 74028846: Description: 266 p. ; 22 cm. Other Titles: One hundred mile diet: Responsibility: Alisa Smith & J. B. MacKinnon.

100- mile diet nominated for 2 b.c. book awards -

The 100-Mile Diet: A Year of Local Eating, a book by Vancouver authors J.B. MacKinnon and Alisa Smith that has kick-started a national debate about locally grown food

The 100- mile diet: a year of local eating: alisa

100 Mile Diet is a candid portrayal of an ambitious couple who, during a twelve month period, strive to "do the right thing" ecologically by making every effort to

100 mile diet | locavore movement

eating local" is a buzz phrase for eating for a healthier you and planet. But for 100-Mile Diet authors, Alisa Smith and J.B. 100 mile diet, one hundred mile

The 100- mile diet | ubc sprouts

a concept first published in the book The 100-Mile Diet: A Year of Local Eating As Alisa Smith and J.B. MacKinnon go on of the 100-, 500-, and 1000-mile

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100- mile diet: a year of local eating by j. b.

Alisa Smith, a Vancouver-based freelance writer who has been nominated for a National Magazine Award, has been published in Outside, Explore, Canadian Geographic

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MacKinnon, J. B.; Smith, Alisa (2007). The 100-Mile-Diet: A Year of Local Eating. Vintage Canada.

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