

Focus On Middle-Distance Running By John Humphreys;Ron Holman

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Mostly because I wouldn't give my brother something I'd bought for myself with the money I'd earned on my own yeah not what I was going to talk about but anyway.

Why yes, moi of the bad knees made the lovely decision to climb the steep walls on the only sane staircase they had and immediately regretted that decision when the oh freakin hell don't let the kid fall fear of heights kicked in. Anyway, Fort Morgan is one of two forts guarding the mouth of Mobile Bay and played a role in history as the site of one of the last sea battles of the Civil War.

It's not exactly dark in here, more like very shadowed.

And we survived to tell the tale.

While Fort Gaines on the western side has had the town grow up around it, So we took a drive back in time.

We'd been married for nearly 25 years at that point and I controlled all of the finances except I couldn't call the car lender about a bill because it was in his name.

But dammit I want it all to be the way I want it and screw everyone else.

I'm not exactly sure what she's looking or pointing at but she thought it was funny.

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3.3.4 Research focus (according to John Humphreys, McCarthy s work into spoken language can be placed further towards the middle of the cline. 1

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